

LPS Canteen

Order at FLEXISCHOOLS.COM.AU by 8:30am
Paper bag orders must be placed by 9am



RECESS

(Yrs 3-6 only)

All recess items are available at lunch unless otherwise stated

snacks

Half Hot Cheese Roll *RC.....	\$0.80
Garlic Bread *RC.....	\$0.80
Grain Waves (sour cream).....	\$1.20
Deli Chips (honey soy chicken or sea salt).....	\$1.30
JJ Chicken Crackers.....	\$1.20
Jumpy's chicken	\$1.00
Piranah Snaps BBQ.....	\$1.50
Rice Cracker Mix.....	\$1.00
Rice Sticks.....	\$1.00
Pudding (S'berry/Mango)	\$0.20
Yogurt frogs*	\$0.15
Jube face (max of 5).....	\$0.10

fruits, veggie & other

Fruit salad.....	\$3.00
Watermelon tub.....	\$2.50
Hommus, carrot & cucumber box.....	\$2.50
Banana	\$1.00
Apple (slinky/whole).....	\$1.00
Orange (whole/cut).....	\$1.00
Orange pieces (quarter).....	\$0.30
Carrot or Celery Pieces.....	\$0.30
Boiled egg.....	\$0.60

drinks

Water.....	\$1.00
Milk (Chocolate, S'berry or Banana).....	\$1.50
Poppers 250ml (Apple, Orange, Tropical).....	\$1.30
Quench (lemonade, apple-rasp lemon-lime, orange).....	\$1.80

LUNCH

All recess items are available at lunch unless otherwise stated

hot food

Spaghetti.....	\$4.00
Beef Lasagne.....	\$4.00
Chicken Breast Fingers(6).....	\$3.50
Fried Rice.....	\$4.00
Noodles (chicken or beef).....	\$3.00
Party pie.....	\$1.40
Cruiser pie.....	\$4.00
Spring Rolls (4)	\$3.00
Hot dog (with/without sauce)..	\$2.50
Hot cheese roll.....	\$2.00
Half Hot Cheese Roll.....	\$1.00
Hot Ham & Cheese Roll.....	\$3.00
Half Hot Ham & Cheese Roll....	\$1.50
Hot Chicken & Cheese Roll.....	\$3.50
Mrs Consalvi Special(chicken fingers, lettuce & mayo roll)....	\$4.00
Tomato sauce sachet.....	\$0.30

sandwiches/rolls

Vegemite/Honey/S'berry Jam sandwich

.....\$1.20

Make your own fresh sandwich...

(white/wholemeal / add 50c

for bread roll).....\$3.20

Choose **one** from the following fillings:

Ham, Chicken, Tuna, Cheese, Tomato,

Egg, Salad;

Select extra fillings:

Cheese, tomato, lettuce, beetroot, salad.

Toasted Sandwiches - white/

wholemeal.....\$3.00

Choose from the following options:

1. Cheese & tomato
2. Ham & cheese
3. Ham, cheese & tomato
4. Chicken & cheese
5. Cheese & Vegemite
6. Cheese

LUNCH CONT...

wraps

Lavash Wraps.....\$3.50

Choose from the following options:

1. Chicken & Mayo
2. Chicken, lettuce & mayo
3. Ham & Cheese
4. Ham, Cheese & Tomato
5. Salad

SPECIALS

mon to thurs only

Pizza cheese.....\$3.50

Pizza ham & cheese.....\$4.00

mon & fri only

Sushi roll (Teriyaki chicken, avocado, tuna or salmon&avo).\$3.50

frozens

K-2 must include & pay for frozen in lunch orders

Frozen yoghurt (strawberry)..\$2.00

Passion-Mango sorbet.....\$2.20

Pomegranate -Lemon Sorbet...\$2.20

Frozen Moozie (chocolate or

strawberry).....\$1.20

Vanilla cup.....\$1.20

Fruit juice stick.....\$0.50

Fruit juice cup

\$0.70

Icy twist lemonade.....\$1.20

Mini Calippo.....\$1.00

non food items

Single paper bags.....\$0.10

Large paper bags (50).....\$4.50

Large paper bags (100).....\$8.00

**RC - recess over the counter only*

Volunteers are always needed and very welcome! To sign up please go to:

www.lpspandc.org.au/volunteers/